

St. Gerard

Roman Catholic Parish

May 3, 2020 Fourth Sunday of Easter

World Day of Prayer for Vocations

Established December 11, 1904

LORD'S DAY MASS TIMES: (Cancelled until further notice)

CONTACT US

The Parish Office is closed until further notice.

When phoning the office please leave a message which will be returned as soon as possible. You may also email the office.

> 125 Third Avenue North, Yorkton, SK S3N 1C4 www.stgerard.ca |Telephone: 306.782.2449 |Email: office@stgerard.ca

Pastor	Fr. Louis Kim Nguyen	306.782.0323 306.621.8068	louisyorkton@gmail.com
Parish Office Administrator Caretaker	Sandra Archer Mario Guerra		

MASS INTENTIONS

Fr. Louis celebrates daily Mass to fulfil your requests for the dearly departed and your special intentions of the living or in Thanksgiving. These masses are not open to the public, but he will continue to pray the intentions listed below and will be remembering all of you in his daily prayers.

Monday	(4 th)	+Emil Polegi
Tuesday	(5 th)	Elizabeth Beres
Wednesda	y (6 th)	+Bernie Kondel
Thursday	(7 th)	+Claude Slogocki
Friday	(8 th)	+Zygmunt Gebhard
Saturday	(9 th)	+Joe & +Geraldine Megyesi

SACRAMENTS

Reconciliation: Half-hour before Saturday morning and Saturday evening Mass, or anytime by appointment. **PLEASE PHONE FATHER LOUIS AT 306.782.0323**

Infant Baptism: Please contact Fr. Louis at least one month prior to Baptism.

RCIA: Adults wishing to be received into the Catholic Church should contact Fr. Louis.

Matrimony: Please contact Fr. Louis at least 6 months prior to the time you would like to be married.

Anointing: Please contact Fr. Louis at any time.

For Anointing of the Sick and other emergencies, you may contact Fr. Louis at 306.621.8068



Stay Connected Online! www.stgerard.ca



Risen Lord, you are the Good Shepherd who leads me along safe paths. Help me to be a good shepherd to all people.

- From Hopeful Meditations for Every Day of Easter Through Pentecost, Rev. Warren J. Savage and Mary Ann McSweeny

A Note from Your Pastor.....

My dear Sisters and Brothers,

Today we hear a story of Jesus the Good Shepherd. We hear Jesus claim that He is "the gate for the sheep. The one who enters by the gate is the shepherd of the sheep.... the sheep hear his voice. He calls his own sheep by name and leads them out.... and the sheep follow him because they know his voice.... I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture." (Jn 10. 2-5, 9)

One day I received a phone call from one of my best friends. Right at the beginning of our conversation, I recognized his voice, I called him by name and, in return, he was so happy and surprised because for a long time we hadn't met. He thought that I may have forgotten about him already! But how could I forget one who is a part of my life?

It is a beautiful picture that Jesus used to describe his mission for us. In this story, we are reminded that we are all Jesus' flock, we belong to him, we follow him. He is our leader and if we follow his instruction, he will lead us to green pastures where we can live and enjoy our lives.

What do we need? I believe that we have the answer already. We need to have a special relationship with the Good Shepherd. He calls us by name, we hear his voice, we acknowledge him and he is our protector and caregiver.

At the end of the story Jesus strongly claimed, "*I came that they may have life, and have it abundantly*" (Jn 10, 10b). What words can be stronger than these words?

It is the main point that we often forget. In order for us to have life and have it abundantly, Jesus came into this world. We acknowledge him as our Saviour, and only in a strong connection with him do we have life and have it abundantly. Indeed, for both, this life and the life beyond this one, if we have Jesus in it, we are truly blessed. We will have a full and abundant life because he is the source of life and true happiness.

Today and during this week, I will spend time to reflect and meditate on the connection, the relationship that I have with Jesus, the Good Shepherd. Is it strong, normal or weak? I will ask myself, "Do I pay attention enough to recognize His voice, to hear what He is willingly to say to me? What prevents me so I cannot come closer to Him, that I cannot imitate him? What can I do to improve it all?"

My dear sisters and brothers, how about you? Do you really want to have a strong relationship with the Good Shepherd? Do you want to do something for your spiritual life to improve your intimacy with Him?

I pray that you and I will always belong to His flock and will not run far away from Him. Follow Him, listen to Him. I pray that each of us has Jesus in our life. We need to have a true presence of Him in us, save room for him in our hearts. And for that we will have a strong, close and intimate relationship with Him.

Look at him, Jesus, the Good Shepherd. I pray that we will obey Him and be faithful to him now and forever.

May God be with you, bless you and keep you in His love and care. Love you all.

Your servant,

Fr. Louis Nguyen

MAY IS THE MONTH OF MARY

Letter of His Holiness Pope Francis to the Faithful for the Month of May 2020

Dear Brothers and Sisters,

The month of May is approaching, a time when the People of God express with particular intensity their love and devotion for the Blessed Virgin Mary. It is traditional in this month to pray the Rosary at home within the family. The restrictions of the pandemic have made us come to appreciate all the more this "family" aspect, also from a spiritual point of view.

For this reason, I want to encourage everyone to rediscover the beauty of praying the Rosary at home in the month of May. This can be done either as a group or individually; you can decide according to your own situations, making the most of both opportunities. The key to doing this is always simplicity, and it is easy also on the internet to find good models of prayers to follow.

I am also providing two prayers to Our Lady that you can recite at the end of the Rosary, and that I myself will pray in the month of May, in spiritual union with all of you. I include them with this letter so that they are available to everyone.

Dear brothers and sisters, contemplating the face of Christ with the heart of Mary our Mother will make us even more united as a spiritual family and will help us overcome this time of trial. I keep all of you in my prayers, especially those suffering most greatly, and I ask you, please, to pray for me. I thank you, and with great affection I send you my blessing.

Rome, Saint John Lateran, 25 April 2020 Feast of Saint Mark the Evangelist

FIRST PRAYER

O Mary,

You shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who, at the foot of the cross, were united with Jesus' suffering, and persevered in your faith.

"Protectress of the Roman people", you know our needs, and we know that you will provide, so that, as at Cana in Galilee, joy and celebration may return after this time of trial.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us. For he took upon himself our suffering, and burdened himself with our sorrows to bring us, through the cross, to the joy of the Resurrection.



We fly to your protection, O Holy Mother of God; Do not despise our petitions in our necessities, but deliver us always from every danger, O Glorious and Blessed Virgin.

Amen.

SECOND PRAYER

"We fly to your protection, O Holy Mother of God".

In the present tragic situation, when the whole world is prey to suffering and anxiety, we fly to you, Mother of God and our Mother, and seek refuge under your protection.

Virgin Mary, turn your merciful eyes towards us amid this coronavirus pandemic. Comfort those who are distraught and mourn their loved ones who have died, and at times are buried in a way that grieves them deeply. Be close to those who are concerned for their loved ones who are sick and who, in order to prevent the spread of the disease, cannot be close to them. Fill with hope those who are troubled by the uncertainty of the future and the consequences for the economy and employment.

Mother of God and our Mother, pray for us to God, the Father of mercies, that this great suffering may end and that hope and peace may dawn anew. Plead with your divine Son, as you did at Cana, so that the families of the sick and the victims be comforted, and their hearts be opened to confidence and trust.

Protect those doctors, nurses, health workers and volunteers who are on the frontline of this emergency, and are risking their lives to save others. Support their heroic effort and grant them strength, generosity and continued health.

Be close to those who assist the sick night and day, and to priests who, in their pastoral concern and fidelity to the Gospel, are trying to help and support everyone.

Blessed Virgin, illumine the minds of men and women engaged in scientific research, that they may find effective solutions to overcome this virus.

Support national leaders, that with wisdom, solicitude and generosity they may come to the aid of those lacking the basic necessities of life and may devise social and economic solutions inspired by farsightedness and solidarity.

Mary Most Holy, stir our consciences, so that the enormous funds invested in developing and stockpiling arms will instead be spent on promoting effective research on how to prevent similar tragedies from occurring in the future.

Beloved Mother, help us realize that we are all members of one great family and to recognize the bond that unites us, so that, in a spirit of fraternity and solidarity, we can help to alleviate countless situations of poverty and need. Make us strong in faith, persevering in service, constant in prayer.

Mary, Consolation of the afflicted, embrace all your children in distress and pray that God will stretch out his all-powerful hand and free us from this terrible pandemic, so that life can serenely resume its normal course.

To you, who shine on our journey as a sign of salvation and hope, do we entrust ourselves, O Clement, O Loving, O Sweet Virgin Mary. Amen.



Catechism Theme: The Church's Origin, Foundation and Mission (CCC 751, 759-762)

Originally, the word for Church ("ecclesia" in Greek) meant (a group of) "those called out." The Church teaches that from the beginning of time God chose to call people together and share himself with them. Through Abraham, he called a people to be his own. Through Moses, he liberated that people and welded them into a nation. Through David, he planted the seeds of divine leadership for that people. Through Jesus, he gave his people an intimate presence. Throughout history, God has invited a people closer to himself and provided the means for that intimacy.

God gathered his people over time. Finally, with the incarnation, God would sweep aside any obstacle, whether sin or pride, to an intimate life with all people. He now offers us the same gift: eternity with him. All he asks in return is trust. Trust in himself and trust in his Son, the messenger.

The Church is the community of those who trust.

Christ centers the Church in himself. He is its source. His very Spirit is its means. Without Christ, the Church fails to exist. With Christ, the faithful touch God's Kingdom, for he is the presence of the Kingdom to all.

How does Christ center the Church in himself? Through his Holy Spirit. The Spirit gathers all believers into Christ's body. It breathes its fruits and charisms into that Body. The Spirit empowers leadership to proclaims God's Word and act in the place of Christ at sacramental worship. It makes Christ present to the Church, especially at Eucharist. Through the Spirit, Christ reaches out, brings all people to himself, and presents them to the Father.

Has faith in Christ given you times of safety, freedom, or spiritual sustenance? Share those experiences.

An aside:

With one changed word, John painted the scene that rang true with his audience. Sheep were normally field animals, held in countryside corrals. By changing the term "corral" to "courtyard" (in 10:1) John turned sheep into household pets. He also transformed a rural pen with wood fences into an urban apartment house with stone walls. Since, the early Church and the synagogue movement of the Pharisees competed in the cities, this change made some sense.

The early Church communities and the Jewish synagogues gathered as "houses" (i.e., extended families) whose strength faced a hostile, pagan world. A community of believers, whether Jewish or Christian, could combine talent and treasure to survive in a foreign environment. A synagogue or a Christian church also possessed its own world view and cultural practices that gave it a unique flavor, just like a proud family.

At the time John's gospel was completed, however, Christianity just began to break away from Judaism. In the eyes of pagan society, Christianity stood as a cult within Judaism. Hence, in-fighting broke out between the groups. So, according to John, the Pharisees (leaders in the Jewish synagogues) strove to "reconvert" Jewish Christians (steal sheep) and persecute an excommunicated Christian community (terrorize the sheep).

We are the flock of the Lord. But, like sheep, we can wander off in our own direction. And be at the mercy of thieves and false Messiahs. Jesus brings us back, like a good shepherd. And he gives us a true way to the Father. His very self!

The next time you see a sheep flock or a family dog, think of Jesus, the way he treats you, and what he offers you. Who knows? You might be tempted to see pet ownership as a reflection of Christ's care for you. And you might resolve to become a better pet master.

How do you remain in the Lord's flock? Trust in Jesus and his way. That trust has changed you and continues to change you. How can you share that change with others?

Sunday Mass on Facebook (Live)

Celebrated by Father Louis Kim Nguyen •Search Filipino Catholic Community in Yorkton on Facebook •Encourage everyone you know to participate

Every Sunday at 11am!

Livestream of Daily and Sunday Masses - Resurrection Parish (Regina) are available at **9am** at the following link:

www.livestream.com/accounts/17094656

Mass may be viewed live, or at any time after the time listed.

Act of Spiritual Communion

My Jesus, I believe that you are present in the Blessed Sacrament.

I love You above all things and I desire You in my soul.

Since I can not now receive You sacramentally, come at least spiritually into my heart.

As though You were already there, I embrace You and unite myself wholly to You; permit not that I should ever be separated from You.

Amen.



ST. GERARD CHURCH WILL BE OPEN FOR **PRIVATE PRAYER:**

Monday	- CLOSED
Tuesday	- 5 pm to 7 pm
Wednesday	- 9 am to 11 am
Thursday	- 9 am to 11 am
Friday	- 9 am to 11 am
Saturday	- 9 am to 11 am
	- 4 pm to 7 pm
Sunday	- 8 am to noon

Subject to change without notice.



Our Good Shepherd's Voice By Fr. Mark Haydu, LC

Saint Peter, the first pope, zealously preached the word of God, challenging the Romans and the Jews to believe. Astoundingly, on various occasions their hearts were moved and they asked, "What are we to do?" The answer from the apostles was often twofold: be baptized and receive the Holy Spirit. Both are necessary first steps.

The same is true today: We receive baptism and confirmation. We keep cultivating this gift of faith and life in the Holy Spirit, listening to Jesus and the Spirit's promptings so they blossom and take over all of our life.

The Good Shepherd verses in John 10 reveal there are many messengers who promise fulfillment and happiness. Jesus warns that these others try to slip in the back door of our souls and trick us into following them. Initially their message is only slightly different than Jesus' message, but once they lead us out of his fold, we can end up in very distant fields, and it is a long, hard path back home.

How do we distinguish Jesus' voice from the others? Compare their words with the words of Jesus and his Church. If they don't alian, beware. Another criterion is to see if there is an element of the cross and true peace. Jesus reminds us that the shepherd lays down his life for his sheep and leads them to pasture and rest. The cross, although not everything, is always a part of the shepherd's path.

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BRIGAND

Spilling the Tea: on Catholic Social Teachings

30 years and most people still don't know about them! Learn what they are and ask our weekly guest how they live them out Tuesdays at 7:00 pm on Facebook

www.facebook.com/ArchdioceseofRegina

Starts Tuesday, April 28, 2020.

The Archdiocese of Regina, in communication with Catholic health leaders, has compiled a series of one-page directives and guidelines on a variety of issues affecting churches and sacramental practice during this COVID-19 pandemic. Information is provided on current government directives, private prayer in church, sacraments, weddings, funerals, and more.

www.archregina.sk.ca/content/church-andsacramental-guidelines-covid-19-pandemic



Online Catechetical Resources

FAITH FORMATION

Our Catechist Robert Barr has put together a wide variety of online resources for children, teens, adult and families:

www.archregina.sk.ca/catechetical-supportparishes

COVID-19 UPDATES

The Pastoral office is now closed to the public until further notice, if you need to reach a staff member, the best way to contact them is by email.

A full list of their contact information is available on the COVID-19 Updates page.

www.archregina.sk.ca/content/covid-19-updates

Archdiocese of Regina on Social Media

We invite you to like us on Facebook, we will have regular Facebook Live prayers and we would love to have you join us!

www.facebook.com/ArchdioceseofRegina/

You can also find us on Twitter @archioceseofreg and on Instagram archdioceseofregina.

Prayers, Devotions and Resources



Visit the Prayers and Devotions page to find information on daily mass, daily readings and reflections, prayers, stations of the cross and other resources that may be valuable during this time of social distancing.

https://archregina.sk.ca/prayers-devotionsresources

Also see our page with French resources:

https://archregina.sk.ca/fr/prieres-devotions-etressources

Compassionate Listening

If you find that during this difficult time you need a compassionate listening ear, visit:

https://archregina.sk.ca/archregina-outreach

for a list of spiritual directors and candidates in training who have volunteered their time to be there for anyone who is struggling.

Archdiocese of Regina Weekly Report

Sign up for our Archdiocese of Regina Weekly Report and stay up to date on COVID-19 Updates and other news, delivered to your inbox every Friday morning. Free! Sign up now: <u>https://bit.ly/2QIMB00</u>

The Archdiocese of Regina has volunteers from all around the diocese who are willing to reach out if you are in need.



If you need groceries or essential items but are ill, immobile or quarantined and so not able to leave the house AT ALL (noting that NONE of us should be leaving more than absolutely necessary!) please contact us and we will set you up with a volunteer who can help. Please also contact us if you live alone and are feeling lonely and isolated. We can arrange for someone to check in on you by phone.

We are committed to operating in such a way that the Health Canada Guidelines, and provincial Public Health Orders from our Chief Medical Officer and provincial government are strictly adhered to.

If you need some assistance, please email outreach@archregina.sk.ca at anytime.

OR call 306-541-3086 between 9-5 Tuesday-Saturday.

Lord God,

I pray for all who have become sick or died by the coronavirus that has been spreading around the world.

In your mercy and compassion, deliver us from this disease,

In your holy wisdom, guide all who are working to contain the outbreak,

In your steadfast love, bring healing to all your children who have become sick,

Welcome into your arms the ones that died, comfort the ones they left behind.

In faith, I place my trust in you.

In hope, I turn to you in my time of need.

In love, I give glory to your name.

In gratitude, I will praise you with my life.

In your Son's name I pray. Amen.



PRAYER FOR VOCATIONS

O God, who has chosen the Apostles, to make disciples of all nations, and who, by Baptism and Confirmation, has called upon all of us to build up Your holy church.

We earnestly implore You to choose from among us, Your children, many priests, deacons and religious brothers and sisters who will love You with their whole heart,

and who will gladly spend their entire lives, to make You known and loved by all. Amen.

St. Gerard Parish Outreach (COVID-19) Ministry



How are you????

St. Gerard's has a group of dedicated parishioners who are contacting parishioners by telephone to ensure that everyone is managing well during the pandemic restrictions.

All have completed an Oath of Confidentiality per the guidelines of the Archdiocese of Regina.

Open Yourself to God

To pray means to open your hands before God. It means slowly relaxing the tension that squeezes your hands together and accepting your existence with an increasing readiness, not as a possession to defend, but as a gift to receive. Above all, prayer is a way of life that allows you to find stillness in the midst of the world where you open your hands to God's promises and find hope for yourself, your neighbour, and your world. In prayer, you encounter God not only in the small voice and the sift breeze, but also in the midst of the turmoil of the world, in the distress and joy of your neighbour, and in the loneliness of your own heart.

Prayer leads you to see new paths and to hear new melodies in the air. Prayer is the breath of your life that gives you freedom to go and to stay where you wish, to find the many signs that point out the way to a new land. Praying is not simply some necessary compartment in the daily schedule of a Christian or a source of support in a time of need, nor is it restricted to Sunday mornings or mealtimes. Praying is living. It is eating and drinking, acting and resting, teaching and learning, playing and working. Praying pervades every aspect of our lives. It is the unceasing recognition that God is wherever we are, always inviting us to come closer and to celebrate the divine gift of being alive.

In the end, a life of prayer is a life with open hands – a life where we need not be ashamed of our weaknesses but realize that it is more perfect for us to be led by the Other than to try to hold everything in our own hands.

Living Our Faith

Examples of Faith Form Youth

Greetings!

Catholic parents and grandparents everywhere wonder how to hand on the faith they have received. When a child is baptized, the parents promise to bring them up in the practice of the faith.

But how?

Interestingly, the social sciences tell us what parents have known for generations: actions speak louder than words. Researchers at the National Study of Youth and Religion (directed by Professor Christian Smith at the University of Notre Dame) tell us that the strongest determining factor in the faith practice of teens and young adults is the faith practice of their parents.

As we think about why this is the case, it may be helpful to consider the word *practice*. When we hear it in a religious context we think "Joe is a practicing Catholic" or "My cousin Ed was raised Catholic, but he no longer practices." In this context, we might think about the word *practice* in the way that someone practices the cello.

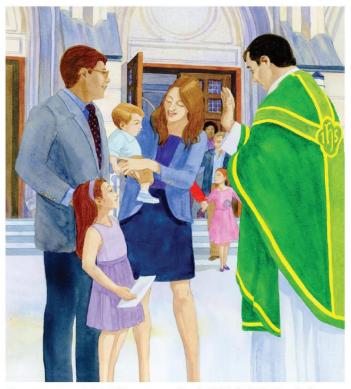
If you want to raise children in the practice of the faith, show them what it looks like.

Being Catholic is much more than a skill. It is a gift and an identity as a child of God. Even so, what if, as we think about forming children in the faith, we think about them as practicing being Catholic, that they might acquire the skills they need to live in the freedom of the children of God?

How can they acquire those skills?

They look to their first teachers as models of how they are to live.

This is one reason it is important to bring young children to Mass. The child under six is in a period of development that is marked by imitation. By watching parents, grandparents, and other significant adults, they learn when to sit, kneel, and stand. They learn to make the Sign of the Cross. They learn the responses even before they know the meanings of the words. At home they learn to say grace, to pray at bedtime, to say the Rosary.



Even very young children learn to practice the faith by imitating their parents and other adults in their lives.

When children grow older, they hunger for role models. It is good for them to see lots of examples of what mature faith looks like while they are in this stage because eventually they will need to discern what mature faith looks like for them. We only have to look at the variety of the saints to see that the path of discipleship is not monolithic. In offering them relationships with other adults who live out their faith on the soup line, in parish ministry, and by bringing the values of the Gospel into the world, we show them what is possible in their lives.

Ultimately, our example as parents will have the greatest impact. If you want to raise children in the practice of the faith, show them what it looks like. Take them to Mass. Pray in front of them, pray with them, pray for them. Feed the hungry. Forgive and then forgive again. Pope Francis says the family is a school of mercy. Go to Reconciliation. Read the Bible. When you see God at work in your life, tell your children. You may find that your example is more powerful than you expect.

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YOUTH NEWS AND INFORMATION

"The Sheepgate"

This Week...

We do not want to stray from the fold, we want to be with our shepherd and guardian. Only shepherds enter through the sheep gate; true shepherds come by way of Jesus, call us forth, and lead us in right paths. Those who would call to us and lead us that do not come by way of Jesus are thieves and robbers, leading us astray.

For Your Reflection

Jesus is the front door. Anyone else sneaking around, climbing fences, going through the back door, or doing anything in secret means trouble. Be up-front, do what you do in broad daylight, and it is usually the right thing. You are proud of what you do when it is the right thing. If you are sneaking because you do not want to get caught, you are probably doing something wrong! Doing the right thing brings abundant life! Doing wrong things can hurt your ability to enjoy life abundantly.

- What is "abundant life" or "life to the full"? Do you think you can get it through Jesus? Do you think you can get it sneaking around, trying back doors, and climbing over fences? Why or why not?

Sheep pretty much follow the crowd. Not too many sheep are "individuals." Being an individual is fine, especially when the crowd is not a good bunch to follow. But following the crowd can be fine too, especially when the crowd is a fine crowd and is doing good things.

- Are you usually an individual? Or do you prefer to follow the crowd? Give an example of when you have been either an individual or a crowd follower.
- How can you tell if someone who wants you to follow them is really following the way of Jesus?

Excerpt from In Touch With the Word, Cycle A for Advent, Christmas, Lent, and Easter St. Mary's Press, 2004



RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA) is an incredible journey of discovery, the discovery of God's love in Jesus. If you or someone you know is interested in exploring the friendship and saving grace of Jesus Christ, we invite you to join us in the RCIA journey. It is a warm, welcoming experience that introduces the Christian faith in our Roman Catholic tradition. We explore topics such as Holy Scripture, the Sacraments, Church history and the core beliefs of the Church. Anyone who has taken this "leap of faith" has found it to be a life-altering experience.

The RCIA process is intended for those who are non-baptized. There are several rites and stages that are part of the process to prepare adults for Baptism and to receive the Sacraments of Confirmation and Eucharist at the Easter Vigil.

Rite of Reception of Baptized Christians into the Full Communion of the Catholic Church. If you have been baptized in another Christian tradition, the Catholic Church respects that baptism. Baptism is the sacrament of our rebirth in Christ and our immersion into His saving death and Resurrection. It can never be repeated. Reception into the Full Communion of the Catholic Church happens after a period of preparation through catechesis, prayer and worship, and an introduction to Catholic life, values, and mission.



Adults who have been baptized in the Catholic Church but have not received the Sacrament of Confirmation can prepare for reception of this sacrament through a period of catechesis and prayer.

If you are interested in this journey of faith, please contact Fr. Louis at 306.782.2449 or 306.782.0323.

And to all our friends in St. Gerard's parish, we remind you that we all have a responsibility to share our faith and bring others to Christ. If you know of a family member, friend, co-worker or fellow student who is searching for a deeper meaning in their life, let them know about RCIA.

LOST SOMETHING?



Mitts, toques, etc. – check the literature display drawer marked "Lost and Found" in the Welcome Area.

Books, religious articles, jewellery, etc. – contact the Parish Office.

OFFERING A MASS

The offering of a Mass in the name of a deceased family member or friend is one of the greatest ways to keep our beloved dead in our living memory. At each celebration of the Mass, the great prayer of sacrifice is made complete as Jesus' life, death and resurrection is offered to God the Father. When we offer a Mass for a particular person, we ask that in a special way the individual be remembered by the priest who offers up the great sacrifice on behalf of the whole community of faith. In a very real and active way, the life, death and resurrection of the person remembered becomes present and is offered up with Jesus. Each time we offer up a Mass for someone, living or dead, we celebrate the greatest gift of our faith – the gift of Everlasting Life in Christ.

Adoration of the Blessed Sacrament is available daily at the EADM Centre Chapel at 484 Hamilton St. Regina. Hours: 10:00 am to 8:00 pm on Monday through Thursday. Friday, Saturday & Sunday: 2:00 to 5:00 pm. Please help us keep Adoration of the Blessed Sacrament available in Regina on a daily basis.

The Healing and Growth Centre St. Therese Institute of Faith and Mission

St. Therese Institute of Faith and Mission – Searching for God's purpose in your life? Want to live life more fully, and take your faith to the next level? Then, come to St. Therese! At St. Therese Institute of Faith and Mission, adults of all ages can explore their faith, discern their vocation in life, foster their prayer life and deepen their relationship with Jesus Christ. Visit on line at <u>www.sttherese.ca</u>

Rachel's Vineyard: a psychological and spiritual journey for healing after abortion.

Are you hurting because of an abortion? **Rachel's Vineyard** is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing. For more information, please contact Elaine at <u>1.306.480.8911</u> or email <u>r.vineyardsk@sasktel.net</u>

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