



Archdiocese of Regina

Bulletin

April 2, 2023

Palm Sunday

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Guilt ('gilt) Noun

The state of having committed an offence, or remorse over action or inaction. From old English gylt: crime, sin, fault or fine" In 1690, "a sense of guilt" was first recorded, but as a misuse of its original, "guilt by association" was first used in 1941. Guilt is a negative emotion but can lead to positive change. When related to traumatic events, guilt can result in depression, shame, and anxiety.

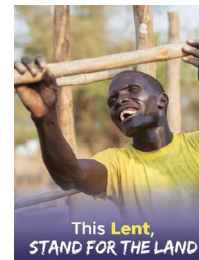
Share Lent

Thank you for giving from the heart to Share Lent 2022!

Development and Peace — Caritas Canada thanks you for supporting the People and Planet First campaign with your Share Lent donation. Your generosity will help support our sisters and brothers in Africa, Asia, Eastern Europe, Latin America and the Middle East.

If you have not had a chance to donate, there is still time to place your Share Lent envelope in the offertory or to donate online at devp.org/give.

Thank you for continuing to pray for all those who are working to build a world of peace and justice.



LESSON SEVENTEEN

FAQ: Is the Catechism intended to substitute for local, approved catechisms and catechetical materials?

No. The Catechism is intended to assist national and local churches in drafting new catechisms and catechetical materials. As John Paul II said in the Apostolic Constitution Fidei Depositum, "It is meant to encourage and assist in the writing of new local catechisms, which take into account various situations and cultures, while carefully preserving the unity of faith and fidelity to Catholic doctrine."

How can we summarize belief in the Trinity? Comment peut-on résumer la Foi en la Trinité ?

Watch Videos: archregina.sk.ca/group/catechetical-support-parishes/

Read the Catechism Text: CCC #'s 198-200

Review the Credo Chart: In the CCCB Catechism, it is found immediately before CCC # 185, or hismercy.ca/content/church_docs/catechism/credo.htm

Saint David of Wales: "Be joyful and keep your faith, and your creed"

Further Reading: simplycatholic.com/the-creed/



Pontifical Collection for the Holy Land on Good Friday

The Good Friday Collection is requested by the Holy See to help maintain the Church's holy places in the Holy Land, so important to the faith of Christians everywhere, and also to support the faithful who struggle to survive under political and economic oppression and persecution. This Pontifical Collection will be taken during the Good Friday celebration on April 7 2023. Those who are unable to attend the service, or who prefer to contribute online, may do so by Interac e-transfer or CanadaHelps by visiting commissariat.ca/supporting-us

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Stewardship Bulletin Bit

"As they were marching out, they came upon a man of Cyrene, Simon by name; this man they pressed into service to carry his cross." Matthew 27:32

The Lord calls us to love God and to love our neighbor. Every day we are presented with opportunities to love our neighbor and help him "carry his cross." These opportunities aren't usually big events, they are usually ordinary occurrences like helping someone carry their groceries or holding the door open for them. The key is putting the other person's needs before our own and not expecting anything in return.

TF#342 ChatGPT and AI with John Jalsevac

- Part 2 - In this part 2 of 2, Deacon Eric and Dr. Brett visit with John Jalsevac about the explosion of interest in Artificial Intelligence and ChatGPT the newest large language model AI to be opened to the general public that demonstrates remarkable capabilities and is poised to have profound effects on arts, culture and the way humans think about themselves and others.

Show Snippet: "So if you want to train one of these models how to recognize a cat, for instance, what these programmers will do is they create this neural network using many computers. Then they show it images of, millions of cats, and at the end of it, it can predict that it's a cat with a high degree of accuracy. But a human being can actually detect a cat based upon a very small number. We have this capacity to see things as what they are with almost no effort."

thinkingfaith.libsyn.com/chatgpt-and-ai-with-john-jalsevac-part-2

CALLING ALL LAY FORMATION ALUMNI

A small group of recent Lay Formation Program graduates have come together to create a Lay Formation Alumni. We all shared a very important and life-affirming journey in the program. We share new skills and knowledge acquired in the program, and an ember has been carefully lit in each of us.

The Archdiocese of Regina Lay Formation program has been working continuously since 1983. Since then, 591 people have been commissioned through the program, but, unfortunately, we do not have contact information for everybody.

If you are interested in being part of the Lay Formation Alumni, send your contact information to Aseret Ruiz at: Email: Aseret.ruizp@outlook.com or Cell: 306-201-6317. **SAVE THE DATE:** We are planning an Alumni gathering Saturday, June 17, 2023 in Regina at Campion College.

SAVE THE DATE CHAS' 80TH CONVENTION

Title: Holistic Care: Healing Through Stories, Spirit and Song

Dates: Thursday October 26 - Friday October 27th, 2023

Location: Queen's House of Retreats in Saskatoon
More details to follow

Archdiocese of Regina

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communications@archregina.sk.ca

Palm Sunday is the final Sunday of Lent, the beginning of Holy Week, and commemorates the triumphant arrival of Christ in Jerusalem, days before he was crucified.



"My God, my God, why have you abandoned me?"

Palm Sunday Mass begins in a separate location, usually a parish hall or outside (weather permitting). The Gospel is proclaimed, the palms are blessed, and we process to the Church for the remainder of the Mass, waving our palms and signing the refrain 'Hosanna, Hosanna, in the Highest'.

The Passion of Christ is often proclaimed by three persons who take on the roles of the Narrator, the people, and Jesus. The part of Jesus is proclaimed by the priest or deacon of the parish.



Palm Sunday of the Lord's Passion

Why we have Palms at Mass

In the Gospels, Jesus entered Jerusalem riding a young donkey, and to the lavish praise of the townspeople who threw clothes, or possibly palms or small branches, in front of him as a sign of homage. This was a customary practice for people of great respect.



> Because the palms are blessed, they may not be discarded as trash. Instead, they are appropriately gathered at the church and incinerated to create the ashes that will be used in the following year's Ash Wednesday observance.

> The colors of the Mass on Palm Sunday are red and white, symbolizing the redemption in blood that Christ paid for the world.

> The use of a donkey instead of a horse is highly symbolic, it represents the humble arrival of someone in peace, as opposed to arriving on a steed in war.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Little Black Bear First Nation is a Cree and Assiniboine (Nakota) band located near Balcarres, SK and has a population of approximately 600 members who reside on and off reserve. Chief kees kee hew mus-coo muskwa (Little Black Bear) was one of the Signatories of Treaty 4 on September 15, 1874. Today, Little Black Bear is accomplishing its goals for self-sufficiency through many economic development initiatives including, the ownership of the Petro Canada Service Station and Tim Hortons in Fort Qu'Appelle, SK. Retrieved on March 23, 2023 littleblackbear.ca/

Musica Sacra

Good Friday, April 7 at 7:30 PM

in the Campion Chapel, with

Conductor, Dr. Melissa Morgan

Featuring: Frank Martin's Mass for Double Choir,

considered 'One of the greatest a cappella works written this century' this truly wonderful work, combines intensely personal moments of religious contemplation with outbursts of overwhelming glory.

CFC Youth Camp - CFC Youth Regina would like to invite all youth ages 12-18 years old to their annual youth camp to be held in Dallas Valley Ranch Camp on April 21-23, 2023. Registration is now open and will end on April 7, 2023, for more info Contact Rene and Abie Reyes at 306-520-3729.

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